



Children learning,  
Parents working,  
Families thriving!

### **Childcare Resources to Host FDIC Financial Education Session on Keeping Track of Money**

**Vero Beach, FL (January 5, 2010)** — Childcare Resources of Indian River, a United Way agency, will host its fourth FDIC Money Smart Financial Education Program session on Thursday, January 7.

The fourth session in the financial education series, entitled “Money Matters: *How to keep track of your money,*” will be facilitated by Carol Alberts of the University of Florida’s Indian River Research and Education Center in Fort Pierce, and is intended give participants a better understanding of how to manage money by preparing a personal spending plan and identifying ways to decrease spending and increase income. Participants will learn how to track daily spending habits; prepare a personal spending plan or budget to estimate monthly income and expenses; identify ways to decrease spending and increase income; and identify budgeting tools that will help them manage their money.

The FDIC created the Money Smart program to help individuals build their financial knowledge, develop financial confidence, and use banking services effectively. All sessions are free to attend and will be held at 6:00 p.m. on the first Thursday of every month until May 2010 at Childcare Resources, 1801 24<sup>th</sup> Street in Vero Beach. For more information, contact Rachael Moshman at 772.567.3202 or [rmoshman@childcareresourcesir.org](mailto:rmoshman@childcareresourcesir.org).

#### **About Childcare Resources**

Childcare Resources provides tuition assistance for children of working families to attend quality early education programs; support and guidance to help maintain family stability; access to mental health services at no cost; and a wide variety of parenting programs and professional development opportunities for the early education profession. Since its founding in 1994, more than 1,000 children and their families have participated in Childcare Resources’ programs. The organization is also the proud recipient of the Agency Excellence Award 2001 and 2005 presented by the United Way of Indian River County. To learn more, call 772.567.3202 or visit [www.childcareresourcesir.org](http://www.childcareresourcesir.org).

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