



#### CHILDCARE RESOURCES MISSION:

To elevate and promote the highest quality early childhood development and education in Indian River County, focusing on economically challenged children and families.



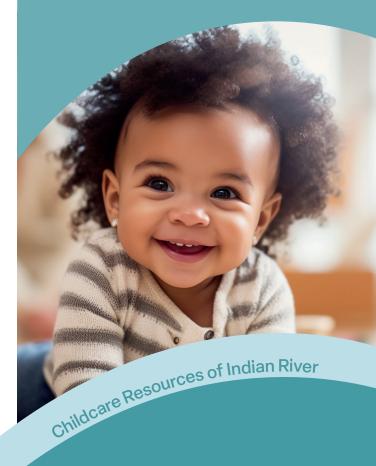


Childcare Resources provides high-quality early childhood education at an affordable cost to working families in Indian River County.

To support program students and their families, Childcare Resources offers wellness and early intervention services including developmental assessments, on-site therapy, parent engagement/ education opportunities, childhood mental health services, family support specialist, and more.

Childcare and Wellness programs are made possible through generous funding from Indian River County Children's Services Advisory Committee, Indian River County Hospital District, and United Way of Indian River County.





## WELLNESS & **EARLY INTERVENTION**

2300 5th Ave., Suite 149 I Vero Beach, FL 32960 772-567-3202 | ChildcareResourcesIR.org



Childcare Resources works to provide wellness services to program students and their families. Wellness services include:

#### **DEVELOPMENTAL ASSESSMENTS**

All program students are screened a minimum of twice each year. These screenings help ensure children are on track to meet developmental and social emotional milestones.

#### **HEARING & VISION SCREENINGS**

All program students have the opportunity to receive basic hearing and vision screenings each year.

#### **IN-CLASSROOM ACTIVITIES**

Activities in each classroom support social-emotional competency, developmental milestones, and resiliency.

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#### BEHAVIORAL SUPPORT

Our Mental Health & Behavioral Coach offers support in the classroom setting, as well as individual intervention for children who may struggle with self-regulation or other issues within the classroom environment. A home visiting component is also available for this service which is available to all program families.

#### **ON-SITE THERAPY**

Occupational therapy, physical therapy, and speech therapy are available on-site in state-of-the- art therapy rooms. Childcare Resources works with local therapists to provide the services each student needs.

#### PARENT ENGAGEMENT

Family educational opportunities are offered to enable parents to explore topics such as transitioning to kindergarten, Conscious Discipline curriculum, and developmental milestones.

#### PARENT CAFÉS

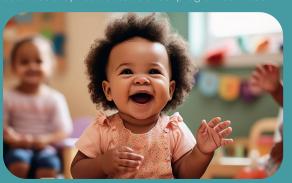
In a Parent Café, parents have the opportunity to network with peers about parenting topics in a guided learning environment.

#### **MENTAL HEALTH REFERRALS**

Mental health referrals are available for enrolled students and program families, including siblings, parents, or quardians.

### CONNECTING FAMILIES TO THE RESOURCES THEY NEED THROUGH OUR FAMILY SUPPORT SPECIALISTS

Childcare Resources is a hub for early education in Indian River County. Collaborating with other local nonprofits and organizations, we help connect families to the resources they need outside of our program services.



# WELLNESS TEAM

Please reach out to our Wellness Department to find out more about the resources and support we provide to program families: 772-567-3202.



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